

SAILING INSTRUCTIONS

Sebago Cup

September 19, 2015

Sebago Canoe Club

Paerdegat Basin @ Foot of Ave. N / 1400 Paerdegat Ave. North / Brooklyn, NY

Regatta Information 917-587-0117 / sailing@sebagocanoecub.org

Rules: Racing will be governed by The Racing Rules of Sailing, except as amended by these instructions.

Fleets: There will be multiple fleets composed of both Lasers (Full, Radial, 4.7) and Sunfish (race and recreational rigs, and any participating dinghy class with two or more boats of the same class.

Safety: All sailors must wear a pfd (life preservers) while on the water.

At the discretion of the Sebago RC racing may be canceled when winds reach 20 mph and/or potentially unsafe conditions exist.

Communication: Display of the L flag followed by one horn blast requires boats to sail to leeward of the RC boat for instructions.

Check-in Procedures: Skippers are required to sail by the RC boat prior to the start of the regatta and confirm their listing by hail and repeat this procedure until acknowledged by the RC.

Skippers Meeting: There will be a brief Skippers Meeting at 11:30 pm to announce the course.

Start Time & Time Limits: Racing will begin at 12:30 pm. Race Limit – 4.5 hrs.

Starting Sequence: A 3 min. starting sequence, as per Appendix S of the US Sailing Rules shall be used. All boats shall have the same start unless otherwise hailed from by the RC.

Course Area: Course Area will be designated by the actual presence of the RC boat in the area and the instructions given at the Skippers meeting.

Course: The course will be approximately 6-10 miles incorporating the islands and navigational buoys in Jamaica Bay.

Marks: Mark roundings shall be as specified in the Skippers Meeting, unless revised and hailed on-the-water by the RC.

Start/Finish Line: After starting and before finishing, the starting/finishing lines may be crossed unless so stated by RC prior to the race.

Individual Recalls: In the event of an individual recall, the RC will attempt (but is not required) to hail the last three digits of the sail numbers of boats on the course side of the starting line (OCS). When all OCS boats have started properly an "all clear" hail will be made.

General Recalls: After a general recall the I flag will be in effect.

Protests: Protests must be lodged with the Race Committee at the end of the race. Protest forms are available in the Sebago Club House and must be filed with the RC within 60 minutes from when the RC returns to shore after racing.

Arbitration will be offered by a committee of three sailors selected by the RC for boats involved in a protest. In arbitration, acceptance by the involved parties to a finding of fault will result in a scoring penalty as stated in 44.3(c). Should arbitration not be accepted the Sebago RC will select a protest committee and will try to conduct the hearing the same day.

Scoring: The Low Point Scoring System, Appendix A will be used except as modified below. For each day boats scored as OCS, DNF or DNS will receive one more point than the number of finishers in that class. Boats scored as DSQ will receive two more points than the number of finishers.

Responsibilities: It is neither the RC's nor the Sebago Canoe Club's responsibility to decide whether a boat should race. It is the decision of each skipper to sail or race in all circumstances. Any member of the RC or Sebago Canoe Club Sailing Committee may request that a boat return to the dock for not following the procedures and regulations set forth herein, or for reasons of safety. A boat failing to comply with such a request will not be scored for the day.