

**Sailing Instructions**  
**Sebago Canoe Club, Sebago Sailing Committee**  
**Spring Laser Regatta/District 8**

**May 7, 2011**

**Rules:** Racing will be governed by The Racing Rules of Sailing, except as amended by these instructions.

**Fleets:** There will be one fleet composed of both Lasers and Laser Radials.

**Safety:**

All sailors must wear a pfd (life preservers) while on the water.

At the discretion of the Sebago RC racing may be canceled when potentially unsafe conditions exist.

**Communication:** Display of the L flag followed by one horn blast requires boats to sail to leeward of the RC boat for instructions.

**Check-in Procedures:** Skippers are required to provide their sail # to a designated representative of the RC prior to being on the water. Additionally, skippers shall sail by the RC boat prior to the start of the regatta and confirm their listing by hail and repeat this procedure until acknowledged by the RC.

**Skippers Meeting:** There will be a brief Skippers meeting at 12 noon.

**Start Time & Time Limits:** Racing will begin at 12:45pm, A throw out race will be allowed after 5 completed races. No races will be started after 4pm.

**Starting Sequence:** A 3min. starting sequence, as per Appendix S of the US Sailing Rules shall be used. Lasers and Laser Radials shall have the same start unless otherwise hailed from by the RC.

**Course Area:** Course Area will be designated by the actual presence of the RC boat in the area. See charts included at the end of these instructions showing two potential areas – Race Area1 and Race Area 2.

**Courses:** Courses will be hailed by description and may be written on a marker board displayed on the RC. See descriptions of the courses below.

Descriptions:

WLWL

Windward-Leeward-Windward-Leeward - 4 legs (start line and finish line share common mark with leeward mark)

WLW

Windward-Leeward-Windward - 3 legs (start line and finish line between windward and leeward marks)

WLWLW

Windward-Leeward-Windward-Leeward-Windward - 5 legs (start line and finish line between windward and leeward marks)

TWL

Triangle once around, Windward-Leeward - 5 legs (start line and finish line share common mark with leeward mark)

TWLW

Triangle once around, Windward-Leeward - 6 legs (start line and finish line between windward and leeward marks)

At the discretion of the RC, oral course instructions may be given, and courses other than those listed above may be used.

**Marks:** All marks (except finishing marks, where applicable) will be rounded to port, unless otherwise stated by the RC. All marks will be orange balls, inflatable buoys or government buoys (red or green).

**Start/Finish Line:** After starting and before finishing, the starting/finishing lines may be crossed unless so stated by RC prior to the race.

**Individual Recalls:** In the event of an individual recall, the RC will attempt (but is not required) to hail the last three digits of the sail numbers of boats on the course side of the starting line (OCS). When all OCS boats have started properly an "all clear" hail will be made.

**General Recalls:** After a general recall the I flag will be in effect.

**Protests:** Protests must be lodged with the Race Committee at the end of the race. Protest forms are available in the Sebago Club House and must be filed with the RC within 60 minutes from when the RC returns to shore after racing.

Arbitration will be offered by a committee of three sailors selected by the RC for boats involved in a protest. In arbitration, acceptance by the involved parties to a finding of fault will result in a scoring penalty as stated in 44.3(c). Should arbitration not be accepted the Sebago RC will select a protest committee and will try to conduct the hearing the same day.

**Scoring:** The Low Point Scoring System, Appendix A will be used except as modified below.

Boats scored as OCS, DNF or DNS will receive one more point than the number of finishers in that race. Boats scored as DSQ will receive two more points than the number of finishers.

**Qualification:** A boat will qualify and shall be scored as a competing boat if they participate in at least 50% of the races run the day of the regatta.

**Throw Outs:** A boat may discard 1 race for each 5 races sailed however a discard race will not count towards qualification.

**Responsibilities:** It is neither the RC's nor the Sebago Canoe Club's responsibility to decide whether a boat should race. It is the decision of each skipper to sail or race in all circumstances. Any member of the RC or Sebago Canoe Club Sailing Committee may request that a boat return to the dock for not following the procedures and regulations set forth herein, or for reasons of safety. A boat failing to comply with such a request will not be scored for the day.