



## From the deck of the Chair

3.15.18

Hi fellow members:

How time flies. I'm starting to think, not in terms of days or weeks or years, but in terms of newsletters 😊

Why did I include a picture of an Olympic downhill skier above? In watching these athletes it occurred to me that this picture reminiscent of our position when we are edging our boats on our left sides. Overall body position is in a "J" formation. His right leg is raised, while our right would be raised. His non-water leg is relatively extended., while our water leg would be extended. Posture is slightly forward. If you come across other pictures that remind you of kayak moves please share them.

So what was up this month?

Elly Spicer attended a pool session and took some cool videos. (Please remember that when Elly is filming her microphone is on. Opps!) I'm attaching one link to a video and hopefully you'll be able to access it. (I have no idea which link it is.) [MVI\\_0005.MOV](#).

Dottie chaired a planning session with the Instructors who selflessly give of their time. Did someone say instruction for newer members and Trip Leader Workshop? That's what the instructors were focusing on.

### **NEWER MEMBERS:**

I am told the most frequent question received from newer members is, how do I take out a boat on my own. Here is the present policy:

[https://www.icloud.com/pages/05m6qcCvbEQlvSPyl1JJAPRpg#Basic\\_Skills](https://www.icloud.com/pages/05m6qcCvbEQlvSPyl1JJAPRpg#Basic_Skills)

This will also be posted on the Sebago website for your future reference.

There seems to be a lifecycle to kayaking & leadership development. New members are excited, energetic, eager to learn, excel and become the new club leadership. One of the primary jobs of the Commodore and the Kayak Chair, as I see it, is to put themselves out of work by developing newer members. We're going to try to help newer members get there. Please remember to help us to help you.

The following link refers to the present draft of the 2018 calendar plan [https://www.icloud.com/numbers/08Oo4TLzjnxO7inPOkdkRXjuQ#2018\\_CALENDAR](https://www.icloud.com/numbers/08Oo4TLzjnxO7inPOkdkRXjuQ#2018_CALENDAR). These items will be posted to the calendar on the Sebago website shortly, as will updates. Some away paddles and/or weekends are intended. Please check the club calendar periodically as the definitive source.

### **TRIP LEADERS AND THOSE INTERESTED IN BECOMING TRIP LEADERS:**

Several people have been nice enough to express interest in becoming trip leaders. (We know who you are... :) If anyone is interested in becoming a trip leader, the Trip Leader Workshop is scheduled for June 2<sup>nd</sup>. We don't know who will be leading the workshop yet, but please contact Dottie, [kayaker412@gmail.com](mailto:kayaker412@gmail.com), Frank, [FRANKFAVIA@GMAIL.COM](mailto:FRANKFAVIA@GMAIL.COM), or me, [wrossi71@icloud.com](mailto:wrossi71@icloud.com), if you wish to attend. We'll be contacting you if you don't wish to attend :)

All existing trip leaders are not only welcome but also encouraged to attend the workshop as well to brush up on skills and pass the knowledge forward.

While we are still discussing what skills will be required to become a trip leader, the following should provide some frame of reference.

For Level 2 Skills see:

[https://c.ymcdn.com/sites/aca.site-ym.com/resource/resmgr/SEI-Courses/L2\\_EKT\\_Assessment.pdf](https://c.ymcdn.com/sites/aca.site-ym.com/resource/resmgr/SEI-Courses/L2_EKT_Assessment.pdf)

For Level Trip Leader Requirements see:

[http://c.ymcdn.com/sites/www.americancanoe.org/resource/resmgr/sei-courses/L3\\_CK\\_TL\\_Skills.pdf](http://c.ymcdn.com/sites/www.americancanoe.org/resource/resmgr/sei-courses/L3_CK_TL_Skills.pdf)

While we're discussing trip leaders, Noah Diary of Brooklyn Bridge Boat House chaired a



3/4/18 meeting of representatives of 16 boat clubs in the greater metropolitan area to discuss trip leader requirements



This meeting was an outgrowth of the recent ferry and kayak collision on the Hudson. Surprisingly, the clubs seemed to be of a similar mind. For flat water, like Jamaica Bay, trip leaders should be ACA level 2 paddlers with trip leader capability. For **most but not all** other water, trip leaders should be ACA level 3 (or higher) paddlers with trip leader capability. Where the clubs seemed to differ was in the implementation of the criteria. Some clubs required strict ACA training and assessment. Others were a bit less formal in applying the criteria. There will be a follow up meeting. If anyone wishes to attend...

Prep for the Trip Leader Workshop: If a ferry and a kayak crash, which one wins?

### OTHER STUFF:

Thank you to the Steering Committee which has been instrumental in all of the calendar and instruction planning.

This month Dan Olson led the Gowanas Brewery Hike. I understand when Dan wanted to leave the brewery participants told him to take a hike. Just kidding. Thanks Dan. Everyone had a great time.

Let's not forget about Jim Luten who has been overseeing repairs on the dock in order to keep it from becoming an expensive raft.

The last pool session is this weekend. Then boats and equipment will be returned to the club. Thanks to everyone who managed, assisted and participated in the pool sessions. Sorry to see them go.

Happy St. Patrick's Day

Frank & Bill

